

McKinney ISD School Health Advisory Council
Meeting Minutes May 9, 2019

Attendance: Jennifer Akins, Patricia Aranibar, Megan Ball, Lauren Hickman, Susan Hoenke (guest presenter), James Shemake, Kenneth Ussery, Karin Klemm

Meeting was opened by Julie Blankenship at 6:35pm

The minutes of the January 10, 2019 meeting were reviewed and approved by motion from James Shemake and Karin Klemm.

Julie presented the Mother-Friendly Worksite program. A worksite designation program providing an environment and support for breastfeeding mothers. Suggestions were made to conduct an employee survey to see if there is enough interest or need. The Mother-Friendly website offers a survey that can be shared with staff. Jennifer Akins suggested that it seems quite personal. Will table this for now and look into a less personal survey possibly adding other wellness questions to go out to the 2019-2020 staff. Mr. Ussery suggested just polling the principals on each campus.

A possible new Canvas course for students and parents was presented by Julie. This is a program sponsored by CVS Pharmacies looking at drug use and awareness. One Choice Changes Everything is targeted at Teens and Prescriptions for Parents is for the adult, parent, caregiver audience. Patricia said she liked the emotional aspect of the parent video. We will take a virtual vote to approve this for use as Canvas course. Detailed information on these programs is available to view on the SHAC Google site.

Jennifer Akins and Susan Hoenke author of Healing Scarred Hearts presented a proposal for a new program. IMAP Life (I Make a Plan) Mapping the way to be drug free. This is a drug education and awareness program. Detailed information available on SHAC Google site for review. Jennifer discussed piloting this program for use with Middle Schools. A vote was taken to pilot this during advisory period at Evans MS for 6th, 7th and 8th grade students for the 2019-2020 school year. A motion was made by Megan Ball and Patricia Aranibar seconded the motion.

The Wellness policy changes and final draft was reviewed and accepted and will be presented to the School Board at the October 2019 meeting.

Meeting adjourned at 7:30pm